

Resume

CARIN BLADH – ICF Master Certified Coach

Expertise: Leadership coaching, Executive coaching, Transformative coaching: learning.

Carin is trained as an ICF MCC (Master Certified Coach) and has over 40 years of experience in how unique ways for individuals to absorb information shape our development and our actions. Working since 2007 in own company and over the years has had assignments in business, the sports world, public sector such as county council, employment agency, municipality and also private individuals.

EXAMPLE OF TASKS

Executive coaching – Coaching supervision – coaching supervision in leadership training.

Coaching of elite athletes where each plan is tailored.

Business life - ff

Current customers mainly come from the business world, leaders, managers of companies with a turnover of just over half a billion. Carin's current customer group includes heavy industry, SME, (small, medium-sized enterprises), elite athletes, teams, leaders and even private individuals. Carin is known, and often called upon, for her positive energy, creativity and unique ability to listen. "Carin Coach" has been widely employed in the media, mainly as a writer in various columns - "Fråga Coachen" and also as a columnist, columnist in, for example, Svenska Dagbladet and Nya Wermlands newspaper. Carin has been a member of Dagens Industri's CEO Network in Stockholm for several years. She is an active blogger, runs a podcast about coaching, leadership and communication and her personal passion is sailing.

Internationally

In 2022, an international collaboration, Event online, will start with Dr. Tünde Erdös. The focus is on research-based learning about the value of coaching for a business. The Light and Shadow of Empathy - In Leadership and Coaching. Events Online. Together with: Tünde Erdös, PhD, MSc Executive Coach ICF MCC, EMCC Senior Practitioner

Books

Carin is the author of the Coach Trilogy - three interactive book packages with ledger and notebook, laid out like a coaching meeting. The YES team, the PLUS POLE & Coming night...

The books are course literature for a Team Development training, around coaching and communication. The training is called: GREEN CARD in coaching approach. The method is activity-

based with "hands on" - learning in everyday working life and reality around what the customer wants to develop and learn more about.

Podcast

Carin runs the podcast "Viktigt på Riktigt, by Carin Coach" - under the apple tree together with co-host, Martin Lindeskog, nestors in podcasting. Start Oct 2020. Conversations about communication, coaching and what development occurs through increased awareness of how we learn new things. In the fall of 2022, Carin's customers will enter the podcast studio.

FORMAL EDUCATION

ICF Master Certified Coach 2020-10-09

ICF Professional Certified Coach 2017-11-28

Teaching certificate, Special pedagogue for upper secondary school, Sv II teacher.

OTHER EDUCATION - the last 20 years

2022-07-30 Navigator Pro. Gamification of deep learning based on individual inquiries, Training for 8 weeks, 16 hours.

2022-04-22 Integrative Presence: - A Somatic Needs Exchange in Dialogue, Austria: 3 days & nights of learning space.

2020-10-09 ICF, MCC, with a focus on further development within professional coaching.

2020-02-06 Clarity of Mind - training in positive psychology 6 half days for 1 year. Eminence AB & SOLEVAEDUCATION

2017-11-28 ICF, PCC with a focus on further education in professional coaching

2016-09-26 Teacher's ID with authorization for elementary school, upper secondary school and municipal adult education

2015–16 DUO coaching, in-depth training in coaching, CCE further education. UL3, Gothenburg

2014–15 Understanding customer experience, Center for service research, CTF course of 6 credits, Karlstad University

2011 Transformational Presence Coaching, Coach Walk Academy AB, Malmö

2010–2011 Supervision: coaching as a method, process development, 1 year Coaching Supervision, Coach Walk Academy AB,

2007–2008 Integrative Coach. One-year process training at www.coach2coach.se

2005–2008 Special education degree at the University of Gothenburg, 90 credits. Action research on Process supervision

2006 MI, Motivational Interviewing. Method and technique for leading professional conversations

2005 KOAS certificate, training in method and test of how word decoding works for the reader
2003 Silva course - training in how alternative states of consciousness increase focus and learning
2001 Education CKU, Center for knowledge development - Adults with ADHD & Steam

LICENSES & CERTIFICATIONS

Integrative Presence – A Somatic Needs Exchange in Dialogue 2022-04-18
Clarity of Mind – Clear-minded leadership based on thought patterns and positive psychology. 2020-06-16
Transformational Presence Coaching 2011-11-18
Coaching Supervision, Coaching Supervision 2011-08-25 Diploma course
Certified Coach by coach2coach academy from 2007-12-04 (year-round training)

Institute of Special Education, Neuropsychiatry: 5 full days in 2007
Coaching – basic education 2005-10-06

Certified Practitioner of Neuro Linguistic Programming 2004-08-22
Silva Method Certificate 2003- 05- 11
Suggestopedia, accelerated learning 1992-03-14

Carin's signature is her passion for how coaching tools make businesses and people blossom!

1973 she met a sailor and ever since they keep sailing in life and in summertime. Sometimes 3 grown ups and their kids join us.